## **Summer Melon Tutorial**

Having trouble choosing a good melon? The best way to start is by narrowing your choices. Smooth-skinned melons such as honeydews are really tough to pick. Rough-skinned melons such as cantaloupes and muskmelons that have the netting on the skin are much easier. These offer a lot of clues to the discerning eye. Start with the netting itself, which should be raised above the peel. The background color should be golden, not green. Check the bellybutton where the melon attached to the stem. It should be clean -- these melons "slip" from the vine when they are mature so there should be no trace of stem left. You can give a gentle squeeze at the stem end; it should give slightly (but not be too soft). And give it a shake: If you hear the seeds sloshing around, it needs to be eaten right away.

- The surest sign of a great melon? They have an amazing perfume that you should be able to smell across the table.
- Be sure to wash all melons before cutting and serving.



Ogen Melon (Ha'ogen) Yellow and green striped skin with no netting. Sweet and aromatic green flesh. Soft like an avocado when ripe.



## **Cavaillon Melons**

French muskmelon with lime green skin and dark green stripes. Turns cream color when ripe. Very fragrant with a high sugar content.



Butterscotch Melon Small melons with a pale green skin and two-toned green and orange flesh. Sweet like butterscotch.



Sugar Queen Large, netted, orange fleshed melons that have rust blush when they are ripe. Very sweet and juicy.



**Cantaloupe** A well netted, uniform, oval shaped fruit with a beautiful dark salmon-colored flesh. Has thick very sweet flesh.

## Arava Melon

Yellow netted skin with a lime green flesh. Incredibly sweet Galia melon.





COOSEMANS SHIPPING OF LOS ANGELES 2820 East 44<sup>th</sup> Street, Vernon, CA 90058 Tel. (323) 588-1127 Fax. (323) 588-7723 <u>WWW.WESHIPPRODUCE.COM</u>

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